

LET'S ENVISION OUR FUTURE

# DREAM BOARDS





**"THE FUTURE BELONGS TO  
THOSE WHO BELIEVE IN THE  
BEAUTY OF THEIR DREAMS."**

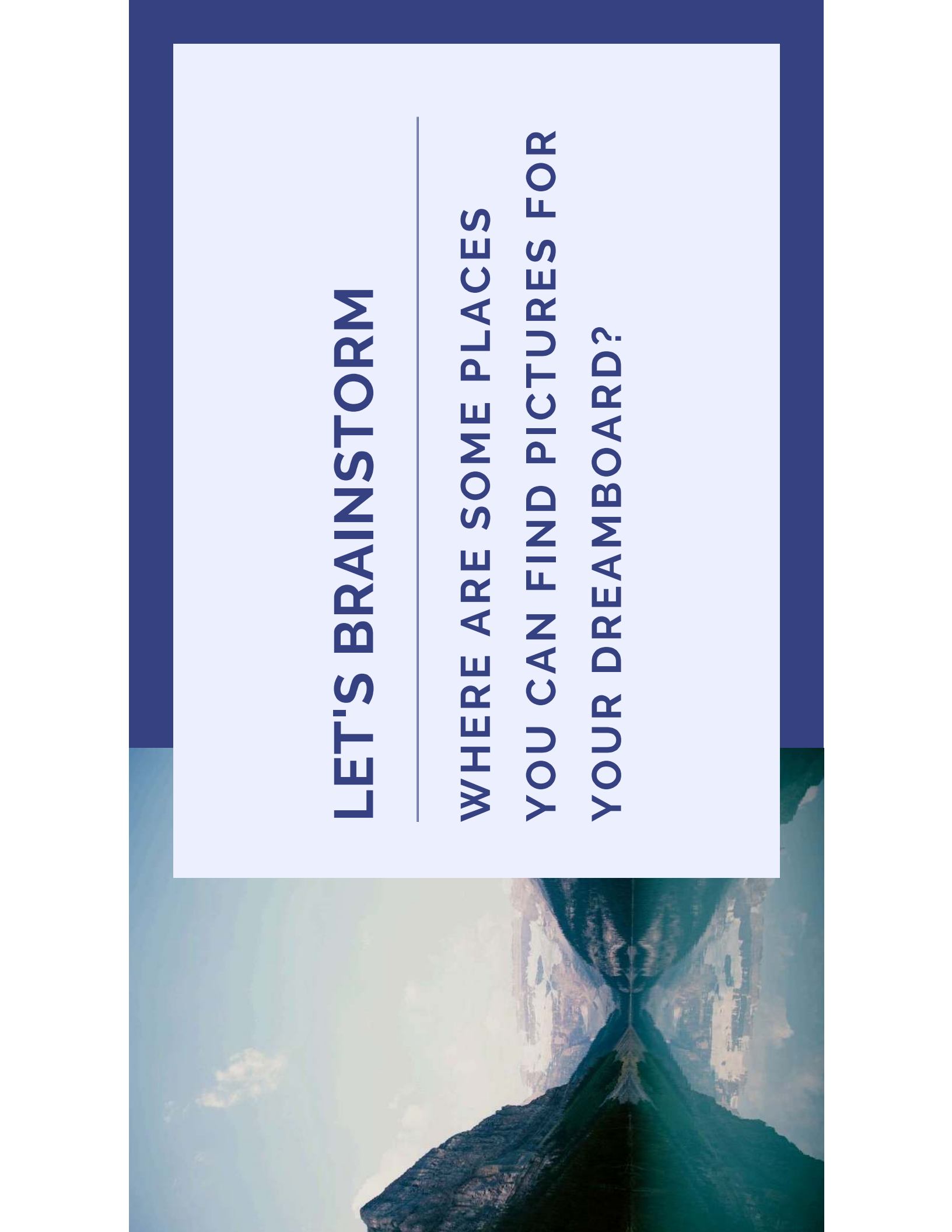
**-ELEANOR ROOSEVELT**

# DREAM BOARDS

A DREAM BOARD OR VISION BOARD IS A COLLAGE OF IMAGES, PICTURES, AND AFFIRMATIONS OF ONE'S DREAMS AND DESIRES, DESIGNED TO SERVE AS A SOURCE OF INSPIRATION AND MOTIVATION, AND TO USE THE LAW OF ATTRACTION TO ATTAIN GOALS.







# LET'S BRAINSTORM

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WHERE ARE SOME PLACES  
YOU CAN FIND PICTURES FOR  
YOUR DREAMBOARD?

# WHY MAKE A DREAM BOARD...

HAVING A REMINDER OF YOUR  
GOALS AND HIGHEST ASPIRATIONS  
WILL HELP YOU STAY FOCUSED AND  
GIVE MEANING TO THE WORK YOU

DO TO ACHIEVE YOUR DREAMS.  
PLACE IT SOMEWHERE WHERE YOU  
WILL SEE IT EVERY DAY.





On the  
following  
slides, I'll show  
you some  
dream boards  
I've made over  
the years...









Here is my most current dream board



"You often feel tired, not because you've done too much,  
but because you've done too little of what sparks a light in  
you."

-Alexander den Heijer



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# WHAT SPARKS A LIGHT IN YOU?

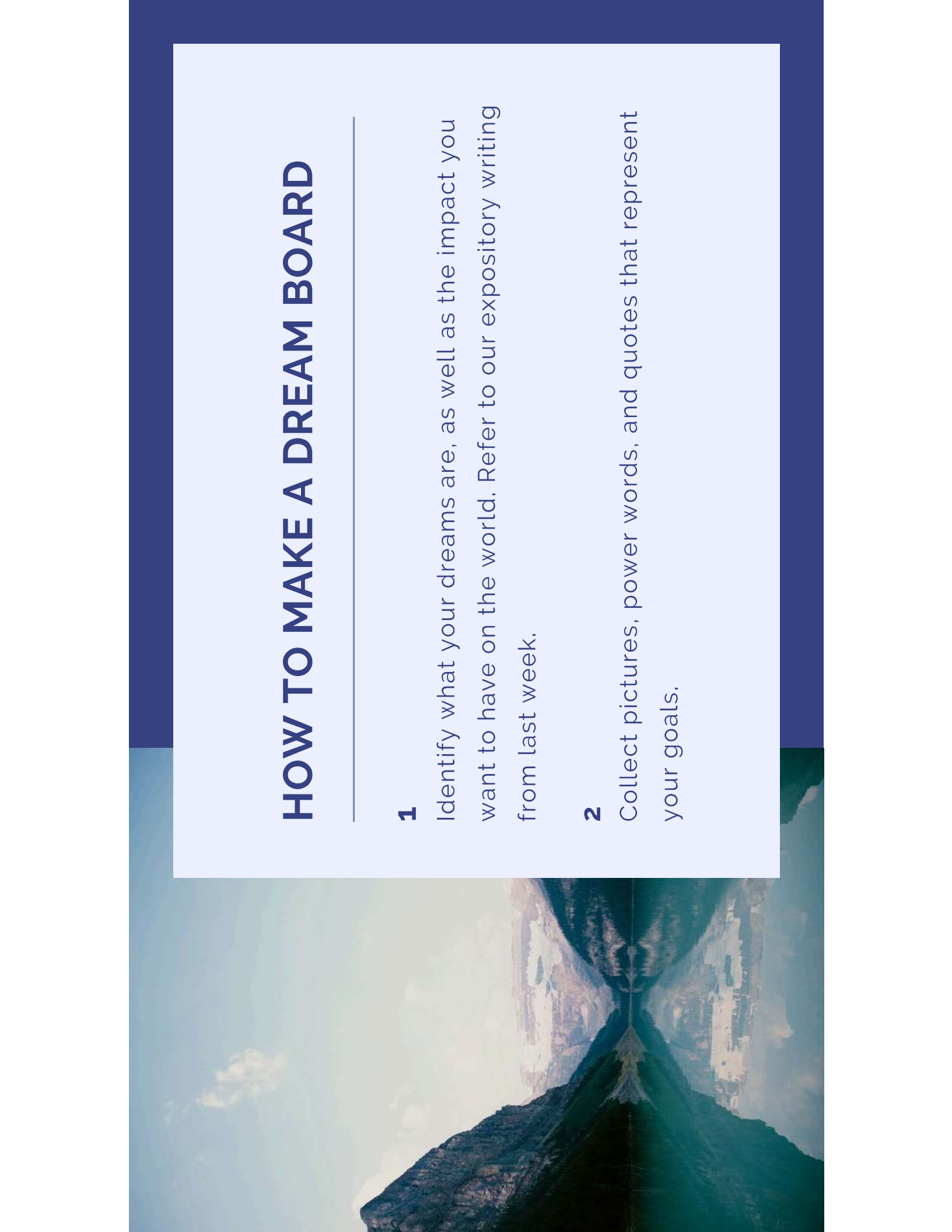


## WHAT MAKES YOU FEEL TRULY, DEEPLY HAPPY AND FULFILLED? WHAT IS SOMETHING EXCITING YOU DREAM OF DOING?



LET'S WATCH A TED  
TALK ABOUT  
ACCOMPLISHING ONE'S  
DREAMS...





# HOW TO MAKE A DREAM BOARD

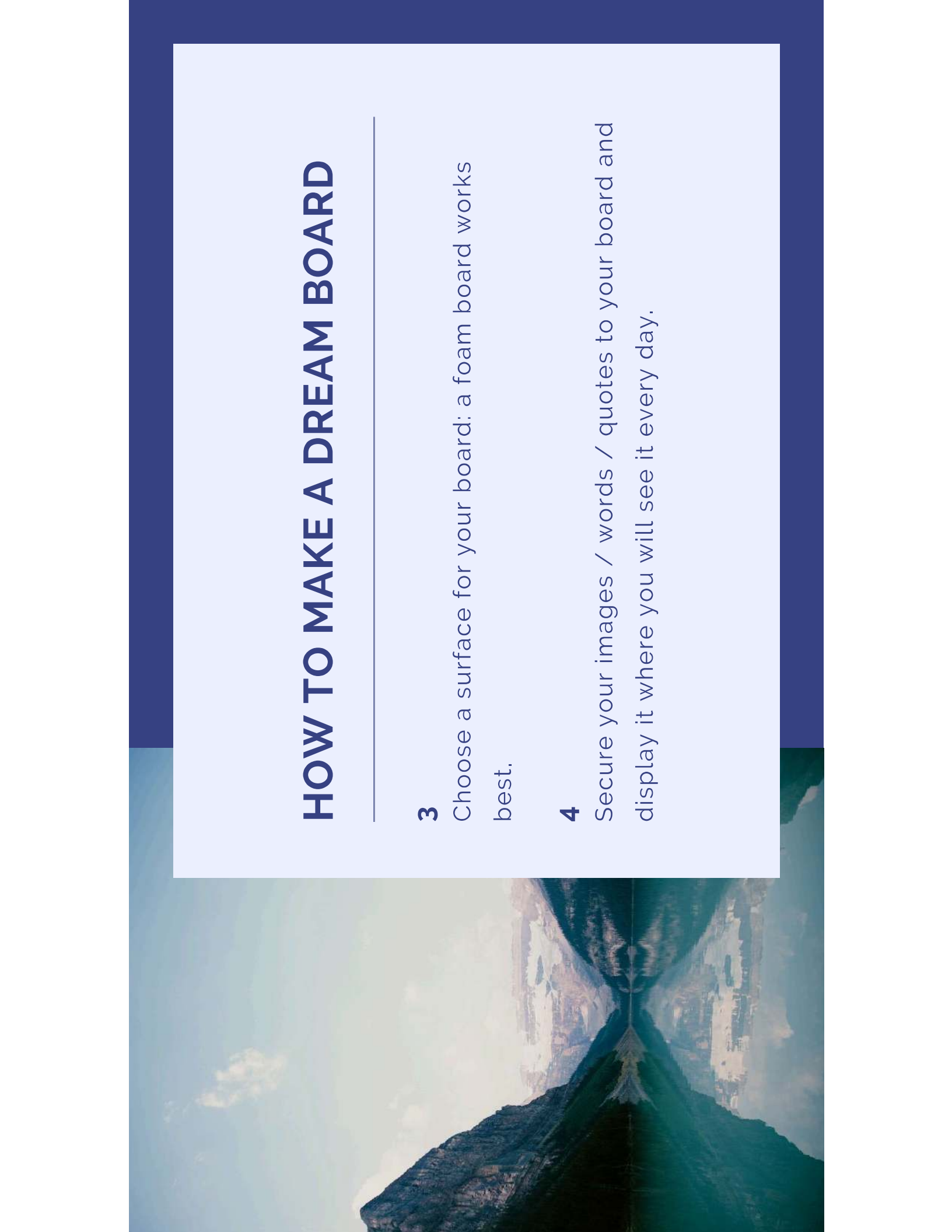
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**1**

Identify what your dreams are, as well as the impact you want to have on the world. Refer to our expository writing from last week.

**2**

Collect pictures, power words, and quotes that represent your goals.



# HOW TO MAKE A DREAM BOARD

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- 3** Choose a surface for your board: a foam board works best.
- 4** Secure your images / words / quotes to your board and display it where you will see it every day.





# LET'S COLLABORATE

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WHAT ARE SOME INSPIRATIONAL  
WORDS OR QUOTES THAT CAN BE  
USED FOR A DREAMBOARD?

Here are just some of the core values and dreams you wrote about in your assignments last week...



## Core Values

Ambition, integrity, honesty,  
freedom, adventure, kindness,  
loyalty, empathy, courage,  
trust, boldness, respect,  
imagination, strength, &  
wisdom.



## Dreams

Travel to Japan. Live in  
England. Run for president.  
Own a mechanic shop / salon.  
Attend a fashion institute in  
New York. Become a  
journalist.

Have you  
thought of any  
new ideas for  
your future  
since last  
week?





"People frequently believe the creative life is grounded in fantasy. The more difficult truth is that creativity is grounded in reality, in the particular, the focused, the well observed or specifically imagined."

-Julia Cameron, The Artist's Way



# ASYNCHRONOUS TIME

PLANNERS [ORGANIZATION GRADE]  
GET STARTED ON YOUR DREAM BOARD

